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How To Get Girls Attracted To You Quickly & Easily

I thought I'd take the time to write a short ebook to help you get girls attracted to you. Since I first discovered this information - my life has changed. I've begun to feel more self-confident and been able to do the things that I didn't used to have the courage to do.

By reading this information through and beginning to improve yourself in these area's you will begin to experience much more success with women. Socrates (an ancient Greek philosopher) was the first to come up with the law of cause and effect. The law states that you will "reap what you sow" or you will get back whatever you prepare for yourself.

By improving yourself in the same areas that I once did, you will be able to get the same or similar results. So below I've listed the kinds of things that women look for in a man.

Of course all women are different, yet they tend to look for very similar qualities in a man. And they will often get attracted to men who have just a few of the things you are about to discover. That's why the same group of men seem to always get the girls, whilst the others don't!

So here they are...

- Working your body and becoming more physically fit, will improve your confidence as well as your posture and let's face it - girls like big tough men!

- Being generous can be attractive as well because it demonstrates that you are not needy and that you are wealthy. Note! Being generous does

NOT mean you should buy things for people so they like you... this is not attractive. A good example of being generous would be, if you're with friends, you could purchase the pitcher of drinks. This subconsciously communicates that you are in charge, dominant and wealthy.

- Leading your social group and being the man who is respected and is looked up to by other men (The Alpha Male) will automatically get girls attracted to you.
- Don't ever hide parts of yourself. It will be detected and it will also become a barrier between a strong healthy relationship.
- Being calm and going with the flow. If you can be natural about what you do and say, it will come off a lot more smoothly.
This takes practice, so try try try again!
- Being busy. If you are busy, then you are important, independent and have a life.
- Concentrating on a task is attractive to women . If a woman can watch you while you are completely involved in a task, then she is likely to be attracted to you. Examples of this can be her watching you paint, play an instrument, anything you do well that requires full absolute concentration on your part. (This doesn't include video games ;)
- Discover who you really are and be that person. You'll find that there are girls who are more suited to you than others, don't be afraid of that - embrace it.
- Being of high social worth. For example, if it's obvious that you are the leader of your group and that people look up to you as the authority then girls get attracted to this quality very quickly. They can sense this stuff easily and make a note to get guys like that.

- Having a disciplined lifestyle. Not always going for the instant easy option, but putting in the work for the future and well as now.

- Be Persistent. If you go after your goals, other will notice. This is very attractive as it shows will power that not many people have.

- Being an alpha male. An alpha male is the type of male that lives much differently from his beta male counterpart, who is scared of girls and passive in chasing them. An alpha male does not concern himself with other people's opinions of him and does not explain away his faults to others. He goes after what he wants without apology and doesn't care one way or the other if he gets rejected or not. Being an alpha male is not so much a personality type but a way of life. It's something you must emulate in the alpha's you meet in everyday life.

- Quick mind. If you can think on your feet, and are quick to reply to her playful teases, you'll be seen as smart and alert. A woman would rather be with a man that stimulates her intellectually rather than someone who is brain dead. It is much better to find something original to say on the spot rather than to use pick up lines.

- Always be closing. The girl is not going to close herself. While some girls may offer her number before you ask for it, it's still going to be up to you to have a plan on getting her phone number, asking her out on dates, and getting her inside a bedroom. Think of the whole process as climbing a ladder, but it must be you working your way up the ladder to get to the top. Never wait for a girl to allow herself to be laid by you. Sure you will get rejected along the way sometimes, but that's the price you have to pay. Speaking of rejection...

- **HAVE** Shoes that are in style. The first thing that most girls notice in guys is what kind of shoes they are wearing. Shoes speak more about you than all clothes. You can be wearing a diaper on your head, jeans from the

80's... but if you're wearing brand new shoes that are in style, girls will automatically see you as attractive. If you don't have the shoes... get them.

- If you can get girls to laugh at your funny stories and experiences you will making her feel good. And when you do this, she will begin to associate those fantastic feelings towards you.

Now I know that they aren't all really easy to complete. But sometimes you have to put in the effort if you want to reap the rewards. Plus, by getting better at all (or even some) of the things that I have covered, you will begin to have much more success in general life as well as with women.

To give you a quick idea about how to get started, you should just pick one which you think you are the worst at and begin to improve yourself in that area. For instance, I used to have a tough time to get the girls to laugh and as I knew how powerful it was, I decided to get better at that one first. So I went at rented some comedy films and began to watch how they performed. I got hold of a couple of joke books and began to be funnier with myself.

Something which I discovered about this is that it's best not to tell actual jokes, rather tell stories which you can get spontaneous and funny with if you choose.

The reason, is because a joke has a punchline and has to be funny. Whilst a story doesn't need to be funny so the pressure is off and you can tie humor in if you feel like it.

If you look at this one: having a disciplined lifestyle. You might want to get that out of the way first so that you will stick to improving yourself and getting better day by day.

After having done this for a while, you will begin to feel more confident in yourself as you begin to reap the rewards of your actions. This will then start to create a "Snowball Effect" as you begin an upward spiral into

feeling incredible and not only being able to talk and communicate well with women - but also feel much better about life too.

I really appreciate the time you spent to read this ebook, I know it was short, but I'm not too keen on long winded rants which lack quality information. I prefer bullet points which leaves you with enough energy to put it into action right away.

I suggest that you take action today and begin to work on yourself for the bright future ahead of you.

All the best,

Chris,

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